



ASSOCIATING *News*

PHJC ASSOCIATE COMMUNITY NEWSLETTER

Summer 2012

Two Regions Join Together for One Celebration

By Donna Sikorski, Director of the Associate Community

On March 18 we welcomed seven new Associates to our Community. The Donaldson First Commitment was unique in that it brought two regions of Associate candidates together in one ceremony. Bonnie Hauser and Toni Heinzman became our newest Associates from the East Two Region. Linda Felke, David Haycraft, Diana Haycraft, Mary Beth Lyvers and Lori Martin are new Associates from the East Three Region.

When the Associates met as candidates for the "Companions on the Journey" retreat, discussion began regarding holding a joint First Commitment Ceremony. Generally, each region has held their First Commitment in their own region, and we know that wherever a first commitment is held, we Associates feel the prayerful support of our fellow Associates, as well as the support of all the Spiritual Family of Catherine, surrounding us.

The East Two candidates were excited to have the First Commitment this year at the Ancilla Domini Chapel along with the East Three candidates. This was also a sign of the unity felt among all Associates no matter what region they are from. We are joined together in community

with one another and we all follow in the footsteps of Catherine.

When the date of the First Commitment arrived, the sun shone above and people poured into the Motherhouse Chapel. Symbols of

our community, a cross, Blessed

Catherine's picture, water

and the Bible were carried

in procession by the

candidates. The Core

team members from

East Two and Three

Regions shared

the introductions

and readings.

The ceremony

was enhanced by

the music, which

Sister Connie

Bach generously

provided along

with a friend, pianist

Margie Ottensmeier.

The chapel filled with joyful song as words from

We Are Many Parts, Holy is

His Name and We Are One took

on a fuller meaning within the ceremony.

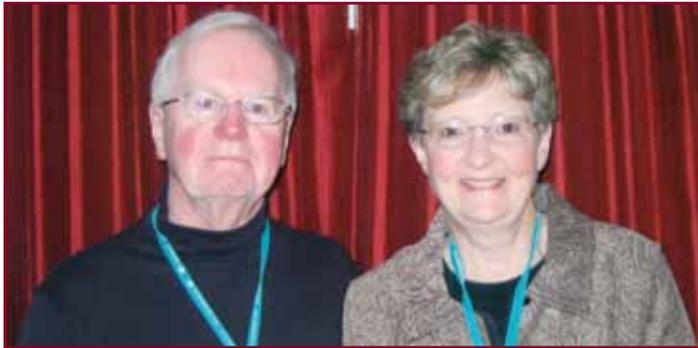
Applause resounded throughout the chapel as the Associates received their pins or pendants, outward symbols of their commitment to the Associate Community. The welcome of the entire Spiritual Family of Catherine was overwhelming with representatives of the Poor Handmaids, Fiat Spiritus Community and many Associates present. Several family and friends



(Two Regions Join Together for One Celebration, continued on page 3)

Getting to Know New Core Team Leaders

By Donna Sikorski, Director of the Associate Community



Jim and Marge Bickett, Core Team Leaders for East Two.

I would like to introduce Jim and Marge Bickett who recently assumed the role of Core Team Leaders for the East Two Region.

Jim was born in Raywick, Kentucky and Marge was born in Mishawaka. Marge grew up with the Poor Handmaids, graduating from St. Bavo where she was taught by the Poor Handmaids. Marge had two family members who were Poor Handmaids, Mother Clarice and Sister Elsie Van Hoedt. Jim, on the other hand, got to know the Poor Handmaids through Marge's family.

Jim and Marge met in March 1967, when Jim was the Advertising Representative for *Ave Maria Magazine* at Notre Dame. Marge was a senior at St. Joseph High School on a secretarial track. The advertising department was searching for a co-op student, and Marge was hired by Bro. John O'Flaherty, CSC and Jim. After the *Ave Maria Magazine* closed in 1970, Jim spent 28 years as a men's retail clothing store manager; he is now retired. Marge continued her career as an accounting manager and she retired last year. This couple will be married 41 years in June. They have one son, Bob, and Carla their

daughter-in-law who is like a daughter to them plus one grandson, Connor, who is 14 and brings them tremendous joy. Bob, Carla and Connor live in Bolingbrook, Illinois.

Jim and Marge are members of St. Joseph Church where they are involved as Eucharistic Ministers at Mass. They also minister at St. Joseph Hospital, St. Joseph Rehabilitation and Kindred Hospital (Jim only) as well as for the home bound. They both assist as servers at weekday Masses, and Marge is also a lector. Recently they have become involved in the ARISE planning team through the diocese of Fort Wayne-South Bend. In addition, they work with Christ Renews His Parish, St. Vincent DePaul and Young at Heart. Jim also volunteers with the Knights of Columbus and Rekindle the Fire.

Marge and Jim feel their lives have truly been blessed and state that following in the footsteps of Blessed Catherine is where they find their greatest joy. They have been Associates in the East Two Region since 2008.

When asked what it has meant to them to be a part of the Core Team; Marge replied "Being invited to be on the Core Team was an honor for me. I feel that it is yet another way for me to be of service to others." And Jim stated, "Being a Core Team member validates and confirms my total commitment to accomplish my spiritual way of life with the guidance and direction of Mother Catherine Kasper."

We are very blessed to have had Marge and Jim answer the call to be members of the Core Team representing the East Two Region. It is yet another way they live the Charism of Catherine.



ASSOCIATE COMMUNITY 2012 UPCOMING EVENTS

July 14	Summer Core Team Meeting
October 12-13	Fall Retreat
November 10	Fall Core Team Meeting

(Two Regions Join Together for One Celebration, continued from page 1)

were also on hand to witness this significant moment in the Spiritual life of the seven.

Following the ceremony, many gathered to welcome the new Associates in a reception in the Cenacle Dining room. One new Associate later voiced a sentiment that was likely held by all, stating it was "perfect, a day I will never forget." We welcome our new Associates and are happy to have you all as part of our Associate Community.

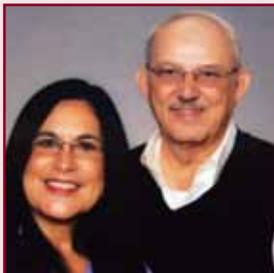
Welcome New Associates!



Linda Felke



Bonnie Hauser



David and Diana Haycraft



Toni Heinzman



Mary Beth Lyvers



Lori Martin

ASSOCIATING News

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Midwest Kindred Spirits Gather at Lindenwood

By Donna Sikorski, Director of the Associate Community



Sister Connie Bach, PHJC shares her "Power of Music" program to Midwest Kindred Spirits

Midwest Kindred Spirits (MKS) is a group of Associate Directors from the Midwest (Indiana, Illinois and Wisconsin) who assist and challenge each other for the growth and development of the Associate movement. The group, formed in 1984, gathers just twice each year. This April, the meeting was held in Donaldson.



Midwest Kindred Spirits—fun with music!

Eighteen Directors of various Associate Communities gathered. Hosting the Midwest Kindred Spirits was a bit overwhelming in some ways, but the rewards were great. The other directors are all such warm and inspiring people. They were very impressed with our beautiful grounds, the chapel and Lindenwood's facilities.

One highlight of this spring's meeting was a day of retreat led by Music Therapist Sister Connie Bach, PHJC. Sister Connie operates BACHworks, a Poor Handmaid ministry in South Bend, Indiana. For this retreat, Sister Connie presented a program entitled "Power of Music" which focused on the many ways music impacts our life and helps us connect with our spirituality. From the rhythmic beat of our hearts, to the sounds of nature and man-made sounds, we are surrounded with music. Sister Connie pointed out how some music reminds us of different phases in our lives. She explained how she uses music therapy to reach individuals in her practice. For some, music becomes the small opening through which they can be reached. We even learned how some restaurants play

fast music to get you to eat and leave while stores play slow music so you linger and buy more! Of course, music, as a channel in which we touch our inner being and connect with our Spirituality, was a focus as we shared how some music can move us to tears. Through her musical presentation, Sister Connie inspired us as we reflected, laughed, cried, reminisced and prayed. She really demonstrated the power of music!

A second highlight was a tour of the new MoonTree Community. Many were awestruck as Sister Mary Baird, PHJC and Sister Nancy Raboin, PHJC showed us the new LEED certified buildings with areas for weaving, painting and pottery. The gallery and its current exhibit were a delight. We also toured the shop studio for woodworking and metal arts and the lodge. Later in the evening, many continued to talk about how much they had been inspired by MoonTree and the knowledge and hospitality of Sister Nancy and Sister Mary.

The business meeting provided a time to network and served as an opportunity to support and encourage one another as we lead our respective Associate Communities during this time of growth and change. It was truly a time of affirmation and encouragement for all who participated.



Sister Connie Bach, PHJC (front left), and Midwest Kindred Spirits



Six Associates Make First Commitments in Mexico

Did you know that we have Associates in other countries? The Spiritual Family of Catherine is growing! The following is an article written by Sister Edith Schneider, PHJC, about the newest addition—an Associate Community in Mexico. We also have Associates in Germany, England and the Netherlands.

Six women made their First Commitments as Associates in the community “Tras las Huellas de Catalina” (*Following in the Footsteps of Catherine*) in a retreat from April 13 to 15. This is the first formal community of lay Associates in Mexico. Sister Edith Schneider, who has been accompanying the two groups, coordinated the Commitment Retreat in the Sisters’ house in San Ildefonso, Querétaro. Sister Elvia Mina Juárez and Sister Deborah Davis were also wonderful companions for the women during the retreat.

The participants included María de Refugio Cruz Villalobos, Fanny Velasco Martínez, and Rosalía Campos Macario, from Coatzacoalcos who have been in the discernment process four years, and Angela Jiménez Nava, Oliba Sánchez Retana and María Vega Rodríguez, from Tenazda near San Ildefonso with two years of preparation. Also accompanying the group were Consolación, 16 year old “searcher” and Amalia Santamaria Rica, who is discerning religious life with the Poor Handmaids.

An important part of the retreat was each person sharing of the history of how she became acquainted with the Poor Handmaids and, through them, the charism of Blessed Mary Catherine. Between one

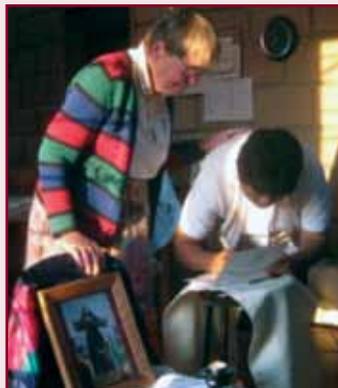
history and another, we hiked downhill amidst the rocks and along an interesting footpath in our back yard—walking with Catherine.

Sister Elvia prepared a simple beautiful altar for the opening prayer on the charism of Blessed Mary Catherine for Saturday morning. The altar accompanied us for the rest of the retreat. Topics studied during the day included the mission statement of this associate community, the DVD “Catherine Fool of God,” prayer and service, and ongoing formation.

In the Commitment Ceremony on Sunday, each of the six signed her commitment to live fully the mission of the community “Tras las Huellas de Catalina” for three years. The three Poor Handmaids, Sisters Edith, Deborah and Elvia, were visible signs of support for the group. We finished our retreat by participating in the Eucharist in the community of Tenazda, where three of the members live.

And so our “Spiritual Family of Catherine” is enlarged with a new community. While none in the Mexico group speak English, they appreciated the prayers and support of the larger community.

Snapshots from First Commitments in Mexico



South Region Meets

By Libby Riggs, South Region Core Team Leader



Libby Riggs, Associate
Community South Region
Core Team Leader

It always feels a bit like a family reunion when the South Region meets—and this March the meeting was no exception! Associates relayed updates on those who couldn't be with us, hugs were plentiful and everyone shared what is happening in their lives.

Core Team Leader, Libby Riggs, reminded everyone of the upcoming recommitment and distributed discernment booklets. The importance and process of discernment was reviewed and plans for the upcoming recommitment ceremony were discussed.

Libby shared her beautiful photo album of pictures from Germany. Those present who made the pilgrimage to Germany spoke of their experiences, and a few members who had been there in the past reminisced, adding some of their memories.

At all meetings, the South Region takes up a collection for the Kitchen Table in Cairo, Illinois. In March, Associates also decided to collect some things for ABL Pregnancy in Collinsville, Illinois. They collected 16 packages of diapers, baby wipes and cans of baby food along with \$75.00 in cash, all of which were donated by the Associates in attendance.

Following the meeting, Associates took the collected items and monies to ABL Pregnancy. The Director of ABL was very appreciative especially since she had received a call earlier in the day from a family with no food in their house for their baby. ABL sends many thanks to all the Associates from the South Region for their kindness and generosity.

The Spiritual Family of Catherine met, and ripples of hope were felt.

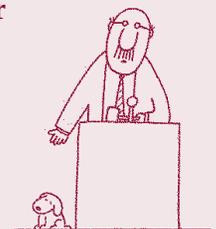


The PHJC Raffle

This year marks the 144th PHJC Raffle. What a tradition! What a long history of raising funds for those in need!

Look for this year's raffle tickets in your mail box in June. One of the major beneficiaries of the raffle is the Associate Office and its many projects. So, we turn to you to help us with the distribution of tickets. When you receive your tickets please share them with your family and friends. Give them the opportunity to win a prize while they are donating to a worthy cause.

Thank you for your support.
The Development Office



"...and the winning ticket number is..."

facebook



**The Poor Handmaids of Jesus Christ
are now on Facebook!**

<http://facebook.poorhandmaids.org>

Please Remember in Prayer...

All Associates, PHJCs, Fiat Spiritus Community members, friends and families of the Spiritual Family of Catherine Kasper; all those spoken and unspoken prayer requests of friends, families and members of the Spiritual Family of Catherine.

East One

Sister Pauline Bridegroom nephew following accident
Vita Quinn health issues
Sister Mary Kay Leuschkerecovery from fall
Sister Joetta HuelsmannAngie's health
(from Spiritual Companion's Group)
Sister Connie Bach back surgery

East Two

Richard VanNevel health issues
Joe and Betty Chamberlingranddaughter
following accident
Jim and Marge Bickett Jim's sister Brenda's health;
daughter-in-law's family following death of her father

East Three

Christina Conversetdaughter's travels;
Andrew and Michael's employment; life changes
Ann Kershner.....sister Eileen's death
Sister Marjaleen Kelley health issues
Marla Keeferdaughter Kelly's health
Sister Germaine Hustedde...sister-in-law Mary Rose's death
Carol Buchanandaughter Shannon's pregnancy
Marion (Bub) Lowry health issues
Margaret Weigleyhealth concerns
Linda Felke..... husband's knee surgery
Sister Agatha Niebrugge ... recovery from a fall; knee surgery
Mary Beth Lyvers husband's heart surgery
Sister Johnilda Mannhardbrother Louis' death;
sister Irene's death
Sister Marlene Ann Lama sister Diane's health
Sister Julia Huelskampbroken wrist
Sister Margaret Urbandeath of sister
Sister Michelle Dermody.....sister's health and
brother-in-law's back surgery
Sister Aline Clesendeath of sister-in-law
Janice Roebuck (Candidate)..... mother-in-law's health

North

Dolores Karnia.....health issues
Joan Blake health of several family members and friends
Florence Rafac..... granddaughter-in-law Elvia's hearing
Sister Veronica Michalski ..health issues; co-worker's surgery
Loretta Kania thankful for brother-in-law's improvement
from back surgery; serious medical condition of niece

South

Evelyn Pakosta nephew's facial surgery
Libby Riggs mother's health
Dorothy Uebingerdeath of brother Melvin

West

Sister Margaret Anne Henssdeath of mother
Annemarie Mandichak..... knee surgery
Betty Mize sister Dolores' death
Rosemary Chlebowski..... health issues
Mary Paquin mother-in-law's health
Joyce Gertz son's back surgery
Diane Rockhill brother-in-law William's death;
daughter-in-law's health
Corinne Lennstrum..... cousin's death

Fiat Spiritus

Jim and Claudia Swarthout nephew's accident

Other

Reverend Ed Konerman, S.J.death
Dennis Emmons (former Motherhouse Co-worker) death
Sister Marilyn Haselhorst (Mexico)..... accident victims in
Veracruz; uncle's illness
Fred Kessler (Germany trip)..... health issues
Sister Edith Schneider (Mexico) abduction of Isa,
daughter of niece's friend
Sandy Litavek (ASI Co-worker)mother-in-law's death
Sister Janis Yackel (former Director of Earthworks)..... health
issues
Karl Johnson (PHJC Transportation)hospitalized
Deacon Jim Fitzpatrick and familyrecovery from heart
bypass surgery



In Memory of Our Associate and Sisters



Associate Mary Swanson

On March 17, 2012, Mary Swanson died peacefully at Catherine Kasper Home where she had lived since 1998. She was 85. Mary was a retired nurse and had been the first lay Director of Nursing at CKH. Mary always loved her residents, but her deep faith and wonderful family were most important to her. Mary and her husband Robert had five children. Robert passed away in 1998. Mary loved playing the piano and often would play for the other residents at the Catherine Kasper Home. As a resident, she also enjoyed flowers and would garden outside CKH.

Mary made her First Commitment to the Associate Community in 1984, making her one of our first Associates. At her death, Mary was an Associate in Spirit, but in earlier years she was more actively involved in the Associates Community. Mary served on the Board for the year 1987; this would be called the Core Team today. Mary participated in the first Gathering in 1993 and was steady in her attendance at Mission Group Meetings from 1998 through 2004. Her record showed that she was involved in Community Week in 2003 and a Values gathering in 2004. In 2009 she celebrated 25 years as an Associate. As you can see, her span of activities showed an active participant for as long as her health permitted. Mary was buried from St. Joseph's Church in LaPorte, Indiana.

May Mary rest in peace.



Sister Leandra Welling, PHJC

Sister Leandra (Sister Ralph) Welling was born on November 26, 1925. She was from Trenton, Illinois.

Sister Leandra took her first vows on June 25, 1946 and celebrated her 65th jubilee in 2011.

During her years at St. Vincent Villa, Angel Guardian Orphanage and St. John's Day Care she touched the lives of hundreds of children. For 42 years she cared

for and loved the children ranging in age from two years to teenagers.

In 1989 Sister Leandra became the first director of Maria Center. She loved the Maria Center residents and always tried to keep in touch. She served as director for about ten years and then continued to function as a faithful volunteer for quite some time.

Sister Leandra died peacefully at the Catherine Kasper Home on March 21, 2012.

May Sister Leandra rest in peace.



Sister Cecile Wisman, PHJC

Sister Cecile Wisman, PHJC, passed away peacefully on Thursday, March 29, 2012 at the Catherine Kasper Life Center. She was 95 years old.

She was born Pauline Wisman on January 15, 1917 the daughter of John G. and Catherine Wisman in Quincy, Illinois. She was raised there with her 12 brothers and sisters who preceded her in death.

On June 25, 1946 she professed her first vows. Sister Cecile celebrated her 65th Jubilee in 2011.

She attained a B.S. in French and History and M.A. Degrees in Education and Modern Language. Sister Cecile served as a Principal of Ancilla High School for six years. She also taught in Indiana, Illinois and Minnesota and served as an Administrator at Ancilla College.

May Sister Cecile rest in peace.



Lindenwood Retreat Offerings

Ruth Van Vactor, Marketing and Program Coordinator

Please join us at the Lindenwood Retreat and Conference Center for any of our upcoming programs and retreats. For further information contact us at (574) 935-1780.

Planting a Parable/Growing a Soul

Monday, June 11, 9:00 a.m. to 3:00 p.m.

Participants will have the opportunity to experience three interconnected activities: 1) a study of the anatomy and growth patterns of selected trees and flowering plants on the retreat grounds; 2) an exploration of the “seed parables” in Mark’s Gospel, and 3) journaling/ reflecting on personal growth themes which surface during the day. Please bring a Bible, writing materials (or paperless reading and writing technology), weather-appropriate clothing and footwear. Alternative “walks” will be available for those with mobility challenges.

Facilitator: Rev. Steve Laue, M.Div., is Director of LaPorte Hospital’s Center for Spiritual Care. He is ordained in the United Methodist Church and is a Board Certified Chaplain.

Fee: \$40 (includes noon main meal)

Road Scholar

Sunday, June 24, 4:30 p.m. to Friday, June 29, 11:00 a.m.

Course One – Tai Chi: Tai Chi is a graceful form of exercise, for any age, used for stress reduction and to help with a variety of other health conditions. Tai Chi focuses on movement and breathing. Come, discover the many possible health benefits of Tai Chi. Taught by Mary Hagen of South Bend, Indiana.

Course Two – Are We Really What We Eat?: Are you conscious where the food comes from that you eat? We will learn about “eating consciously” and being aware how food can be natural medicine providing us with essential nutrients. Taught by Vera Tiani of Plymouth, Indiana.

Course Three – Acupressure for Good Health:

Acupressure is an ancient healing art using the fingers to press key points on the surface of the skin to stimulate the body’s natural self-curative abilities. This process aids in healing. Acupressure includes relieving pain, balancing the body and maintaining good health. Join us

June 11	<i>Planting a Parable/Growing a Soul</i>
June 24-29	Road Scholar
July 8-13	Conference Retreat
July 8-15	Directed Retreat
July 16	Quiet Day of Reflection
August 4	Women’s Day Away
August 10-11	Labyrinth Retreat
August 11	Hispanic 12-Step Program: Men and Women
August 13	Quiet Day of Reflection
August 19-24	Icon Painting Retreat
September 9-14	Road Scholar
September 22	Quiet Day of Reflection

in learning about and practicing this ancient healing art. Taught by Cheryl Kaper of Chesterton, Indiana.

To register for the Road Scholar program, please call Road Scholar toll-free at (877) 426-8056 or register online at www.road scholar.org.

Conference Retreat

Sunday, July 8, 4:00 p.m. to Friday, July 13, 1:00 p.m.

Where Your Treasure Is:

Our Response to the Word of God

Topics to be discussed: Pearl of Great Price—Faith, Hope, Love, Joy; Forgiveness—Mary’s Response; Free Gift—Sacrament of Reconciliation; Prophets Response—Sacrament of Anointing and The Presence is Presence.

Retreat Leaders: Father Bob Colaresi, O.Carm is the Director of the Carmelite Spiritual Center and the Society of the Little Flower. He holds Master degrees in Religious Education and Medieval History. Sister Jane Schlosser, RSM is on the staff of the Carmelite Spiritual Center and holds a Masters degree in Religious Education and a Doctorate in Ministry.

Fee: \$425 Single Occupancy room and all meals (\$50 non-refundable deposit)

(Lindenwood Retreat Offerings, continued on page 10)

Directed Retreat

Sunday, July 8, 4:00 p.m. to Sunday, July 15, 1:00 p.m.

This seven day directed retreat includes daily liturgy and individual spiritual direction. The retreat has a limited number of participants per director. The retreatant listens to the inner self, resting and relaxing in the silence. The director strives to help the retreatant grow in a relationship with God and serves as a companion on their journey.

Retreat Director: Kathy Light lives in Valparaiso, Indiana, serving her congregation at First Christian Church as a Licensed Minister of Spiritual Care. She is a graduate of the Lindenwood / John XXIII Spiritual Companionship Program. Kathy directs retreats for her church and other groups on a variety of spiritually related topics.

Fee: \$475 Single Occupancy room and all meals (\$50 non-refundable deposit)

Quiet Day of Reflection

Monday, July 16, 9:00 a.m. to 3:00 p.m.

Praying with Icons

This day will help you experience praying with icons which are used primarily in the Eastern Religions. Icons help lead us into the inner room of prayer and bring us closer to the heart of God. We will explore some of Henri Nouwen's thoughts on icons as stated in his book, *Behold the Beauty of the Lord*. Some of the icons that will be examined are: The Holy Trinity, The Virgin of Iadimer and others. If you have an icon that is your favorite, you are welcome to bring it to share with the group. Join us for this day to deepen your prayer life through praying with icons.

Facilitator: Sister Joetta Huelsmann, PHJC, is Director of John XXIII Retreat Center in Hartford City, Indiana.

Fee: \$40 (includes noon main meal)

Woman's Day Away

Saturday, August 4, 9:00 a.m. to 3:00 p.m.

Women of Faith

The day will be fun, scripture-based and participants will be able to attend three breakout sessions offering different aspects of women of the Bible and how overcoming their trials and tribulations made their faith stronger. The breakout sessions will be led by Marianne Chalstrom of South Bend, Indiana; Mary Hilger of Fort Wayne, Indiana and Jan Houin of Plymouth, Indiana. The keynote speaker for the afternoon will be Mary Szymusiak of Wheatfield,

Indiana and Canada. Mary is President and CEO of Tefft Bridge and Iron based in Wheatfield, Indiana. She is a rarity—a woman in the steel fabrication industry! Being confident in what you do, having a proven record and coming through with what you set out to accomplish are priorities with Mary. She will share how her faith has kept her strong in the tough corporate world. There will be praise music to begin and end our day. Come, bring your friends and enjoy a day away.

Fee: \$40 (includes noon main meal)

Labyrinth Retreat

Friday, August 10, 6:00 p.m. to Saturday, August 11, 11:00 a.m.

This overnight retreat will encourage participants to use the labyrinth to deepen self-reflection, lower anxiety, provide a metaphor for transitions and move through their story to wholeness. Using a labyrinth can provide a means to clarify and articulate the narrative of one's life and become aware of God's presence along the journey. Participants will experience walking the labyrinth both day and night. The nighttime experience will be with the use of luminaries. An indoor, portable labyrinth will be available if weather does not permit walking the outdoor labyrinth. Individual spiritual direction will also be available to participants.

Retreat Director: Sue Wilhelm is the Director for Victory Noll Center in Huntington, Indiana. Sue received her D.Min degree in spirituality from the Graduate Theological Foundation. She constructed her first labyrinth in 1997.

Fee: \$100 Single Occupancy; \$80 Double Occupancy (per person) includes overnight accommodations and all meals (\$50 non-refundable deposit); \$70 commuter (\$25 non-refundable deposit)

Hispanic 12-Step Program: Men and Women

Saturday, August 11, 10:00 a.m. to 4:00 p.m.

The 12-steps are recognized as the foundation of most successful recovery programs. The 12-steps have given new life to countless men and women seeking help. The format will provide a fellowship experience of sharing. It is a wonderful opportunity to meet other recovery people, examine your recovery program and enhance your own recovery. All conferences will be held in Spanish.

Facilitator: Santiago Sanchez of Mexico

Fee: \$30 (includes a light lunch)

(Lindenwood Retreat Offerings, continued from page 10)

Quiet Day of Reflection

Monday, August 13, 9:00 a.m. to 3:00 p.m.

Edith Stein/Teresa Benedicta of the Cross, OCD

Come as we explore the life of Edith Stein who sought to live "at the hand of God." We will learn of her personal relationships, scholarly writings and public presentations. Edith Stein addressed a wide series of issues that remain urgent for all modern Christians.

Facilitator: LeRoy Friesen, O.C.D.S., PhD has taught courses in Carmelite Spirituality at the Forever Learning Institute in South Bend, Indiana.

Fee: \$40 (includes noon main meal)

Icon Painting Retreat

Sunday, August 19, 5:00 p.m. to Friday, August 24, 1:00 p.m.

Thousands of people from a wide variety of spiritual traditions have found themselves drawn to the mysterious and prayerful images found in icons. Icons are two-dimensional, symbolic images of sacred subjects created to reveal God. Join us for a spiritual exploration of icons and enter the mystery of this ancient prayer tool. For artists and non-artists alike, this retreat covers completing an icon from start to finish with step-by-step instructions. This involves the drawing of the icon and painting the finished product, a very moving and spiritual experience. This year's icon will be Hildegard of Bingen.

Facilitator: Peter Pearson of Scranton, Pennsylvania, has been a student of iconography for over 25 years and has studied under well-known iconographers. He holds a Master of Divinity degree from Saint Vincent Seminary in Latrobe, Pennsylvania. He conducts icon painting retreats all over the country. Peter's passion for this art is obvious and highly infectious.

Fee: \$550 (includes private room, meals and all supplies)

Road Scholar

Sunday, Sept. 9, 4:30 p.m. to Friday, Sept. 14, 11:00 a.m.

Course One – Nature and Healing: Being out in nature is one of the best prescriptions for overall health and encouraging healing. Through observations, discussions, meditating, writing and natural imagery, learn the healing qualities of nature as you experience the outdoors. Taught by Rebecca Porter of Michigan.

Course Two – The Hidden Power of Sound and Music: Discover the vital, hidden power of sound and music. Learn the new scientific breakthroughs of sound,

vibration and music and how these enhance and vitalize our everyday experience. Explore new ways to use sound and music to stretch and awaken brain function and memory; vitalize listening and communication and bring vigor and stamina to your overall health and well being. And most importantly, have FUN! Taught by Kay Ferry of Shipshewana, Indiana.

Course Three – Foods at the Time of Jesus: Learn about the foods and food preparation at the time of Jesus. Participants will create dishes from the basic ingredients of a First Century C.E. Jewish meal. They will learn the nutritional, medical and spiritual aspects of the ingredients. The culmination of the class will be preparing a meal using those basic ingredients. Taught by David and Diane Hogsett of Plymouth, Indiana.

To register for the Road Scholar program, please call Road Scholar toll-free at (877) 426-8056 or register online at www.road scholar.org.

Quiet Day of Reflection

Saturday, September 22, 9:00 a.m. to 3:00 p.m.

Guided Imagery

Sensory images are the true language of the body. On this day we will discuss and experience the five types of guided imagery. Participants will have the opportunity to personalize their guided imagery experience. There will also be time to reflect on these personalized images.

Facilitator: Vera Tiani of Plymouth, Indiana.

Fee: \$40 (includes noon main meal)

To register for any of the Lindenwood programs, please call (574) 935-1763 or visit our website at www.lindenwood.org.

**Lindenwood Retreat & Conference Center:
Give the Gift of a Private Retreat to Yourself
or to Others**



**Private Spiritual Retreat
(Overnight)**

Fee: \$65 per day
*(Includes private bedroom
and three meals)*

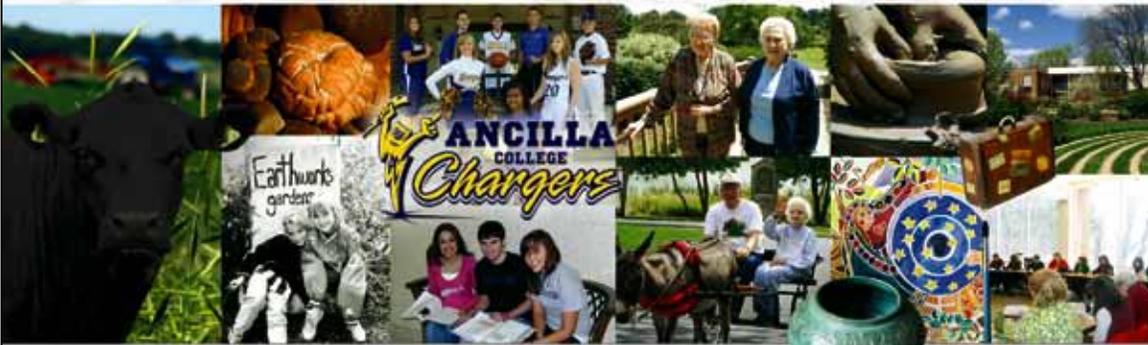
**Personal Retreat
"Day Away"**

Fee: \$28 *(day includes
sitting room and one meal)*

**\$39 *(day includes private
bedroom and one meal)***

Spiritual direction/guidance is available at an additional cost.

The Center at Donaldson — Experiencing the Unexpected.



On the grounds of the Poor Handmaids of Jesus Christ Ministry Center...

Where can you buy natural beef, attend college classes, retire to an independent living apartment, receive long-term nursing care, learn to care for the earth, participate in a retreat or conference AND learn to weave or create with clay, all at the same center?

The Poor Handmaids of Jesus Christ Ministry Center offers all of this and more. The PHJC Ministry Center is an Intergenerational Living and Learning Center, a place for people of all ages and faiths to interact, share, learn, and grow together.

To learn more about the Poor Handmaids of Jesus Christ and their ministries visit www.poorhandmaids.org.

Poor Handmaids of Jesus Christ



Partners in the work of the Spirit



Ancilla Beef &
Grain Farm
www.ancillabeef.com



Ancilla College
www.ancilla.edu



Catherine Kasper
Life Center
cklc.poorhandmaids.org



Earthworks
www.earthworksonline.org



Lindenwood Retreat &
Conference Center
www.lindenwood.org



MoonTree Studios
www.moontreestudios.org